

The Little Lights Podcast

by Sharon Moughtin-Mumby, author of Diddy Disciples

Letting your little light shine in lockdown!

For schools and families looking for storytelling from the Bible that can be relevant for many children with diverse faiths and beliefs

Week 2: Courage

Welcome to the Little Lights podcast.

We're singing songs and telling Bible stories that help us think about how to keep our little lights shining bright in lockdown.

So, find a space where you can sit down on the ground and move around a little and let's get ready.

During our time together, we're going to be using our imagination a lot!

Because to tell our stories we'll need things like party food that we haven't got here in our room!

So let's start with an imagination warm up.

Let's imagine we're shining bright like a star!

Can you make a star shape with your hands or maybe your whole body?!

Let's show our star shapes in time to the music as we sing.

You might not know the words yet, but let's see if you can pick them up as we go along!

Or you could join in with the actions, or just listen to the words!

There's a little light that shines in me!

Shine, shining like a star!

Shine, shining like a star!

Shine, shining like star!

There's a little light that shines in me!

Shine, shining like a star!

Shine, shining like star!

Everything's a bit different at the moment.

How can we keep our little light shining when we're not seeing our friends anymore?

In our podcast we're going to tell stories from the Bible that Jesus told

that can help US to help our LITTLE LIGHT to keep shining bright

like stars in the night.

Today's story is all about COURAGE.

It's a story that Jesus told about a boy who made some bad choices.

It starts with a boy stamping his foot!

After 3, can you stamp your foot on the floor just once?

1, 2, 3.... Stamp!

Let's try that again,

But this time, when we stamp, let's shout: "I want it now!"

1, 2, 3.... I WANT IT NOW!

We're ready to tell our story.

Jesus said, 'There was a daddy with two boys.'

Let's count to two on our fingers: **1, 2.**

The Littlest Boy was really bad at waiting!

Can you show me how you look when you're fed up of waiting?

Now show me really fed up of waiting!

The Littlest Boy was fed up of waiting to be rich.

He said to his daddy:

'I don't want to have to wait till you give me some money.

I want it NOW!'

Let's all count to three, then stamp our foot once

and shout 'Give it me now!' with our cross, waiting faces.

1, 2, 3, 'I WANT IT NOW' STAMP!

And, you know what?

The daddy did!

The daddy gave the Littlest Boy lots of money!

Let's imagine we're holding our money in a big sack in our hands!

Let's look inside . . . we're rich!!!!

I wonder how the boy felt! Can you show me?

The Littlest Boy had a great time with his money!

First, he went on holiday! Have you ever been on holiday?

Let's walk on the spot!

See if you can join in with the littlest boy's song!

If you're rich and you know it, go on holiday!

If you're rich and you know it, go on holiday!

If you're rich and you know it,

and you really want to show it . . .

If you're rich and you know it, go on holiday!

Brilliant! Let's look in our imaginary money sack. Can you look in yours?

Still lots of money!

Next, the Littlest Boy ate and drank all his favourite things.

Let's imagine that we have our favourite food and drink in our hands.

Mmmmm!

Let's sing 'If you're rich and you know it, eat and drink' and let's show eating and drinking as we sing!

If you're rich and you know it, eat and drink!

If you're rich and you know it, eat and drink!

If you're rich and you know it,

and you really want to show it . . .

If you're rich and you know it, eat and drink!

This is fun! Let's look in our sack again.

Still lots of money!

Who likes parties? Let's throw a party!

Let's dance on the spot or wave our hands in the air to show a party!

If you're rich and you know it, throw a party!

If you're rich and you know it, throw a party!

If you're rich and you know it,

and you really want to show it . . .

If you're rich and you know it, throw a party!

This is brilliant! What shall we do next? Let's look in our sack.

Oh no!

There's no money left!

The Littlest Boy isn't rich any more.

The Littlest Boy is poor!

And he's far from home.

The Littlest Boy is a Lost Boy!

I wonder how the boy feels now. Can you show me?

We're going to sing 'If you're lost and you know it, shout "Help!"'

If you're lost and you know it, shout 'Help!'

If you're lost and you know it, shout 'Help!'

If you're lost and you know it,

and you really want to show it . . .

If you're lost and you know it, shout 'Help!'

But there was no one there to hear the Lost Boy.

And now he's hungry!

He needs some more money!

The Lost Boy looked and looked and looked.

Can you show looking around with me?

At last, he found a job to make more money.

It was a job no one else wanted. Looking after pigs!

Where the little boy came from everyone thought pigs were dirty. *Pull a face*
Spending time with pigs made YOU dirty too.
But the Littlest Boy was a Lost Boy.
So he went to work with the pigs.

Let's sing 'If you're lost and you know it, clean the pigs!'
Let's show tears on our face for the Lost Boy.

If you're lost and you know it, clean the pigs!
If you're lost and you know it, clean the pigs!
If you're lost and you know it,
and you really want to show it . . .
If you're lost and you know it, clean the pigs!

One day, the Lost Boy was really hungry.
Can you show me hungry?
He looked at the pigs' food and thought, 'Maybe I should eat the pigs' food!'
Should the Lost Boy eat the pig's food?!

'No!' the Lost Boy said. 'I'm not going to eat pigs' food!
Pigs' food is for pigs!

My daddy has lots of jobs for people.
Everyone who works for my daddy has food!
I'm going to go home and ask my daddy for a job.
I know I'm not his Littlest Boy anymore, but maybe I could work for him . . .'

So the Lost Boy walked all the way home.
Let's walk on the spot.
On the way, the Lost Boy thought about how sorry he was.
Let's walk home and sing 'If you're sorry and you know it, say sorry.'
Can you think of an action for sorry while you sing?
I'm going to cover my face with my hands to show I'm sorry.

If you're sorry and you know it, say sorry!
If you're sorry and you know it, say sorry!
If you're sorry and you know it,
and you really want to show it,
If you're sorry and you know it, say sorry!

Let's sit down for a moment.
Back home, the Boy's daddy was looking out for him.
Let's be the daddy and look out with our hand shading our eyes. We're waiting and waiting and waiting . . .
Then, one day . . . Look!

It's the Lost Boy! He's coming!
What's the daddy going to do?
The daddy jumped up! Quick, let's jump up!
The daddy ran! After three, let's run on the spot.
1, 2, 3, run!
And he picked up his son in the biggest hug ever.
Can you show me a big hug in the air!
I wonder how the Lost Boy felt when his daddy hugged him? Can you show me?
His daddy shouted, 'Let's have a party!' And he threw the biggest party you can imagine.
Let's dance or wave our hands in the air at the daddy's party!

If you're happy and you know it, throw a party!
If you're happy and you know it, throw a party!
If you're happy and you know it,
and you really want to show it,
If you're happy and you know it, throw a party!

How do you think the daddy felt when he hugged his Lost Boy?
Jesus said, 'The way that the daddy felt when he hugged the Lost Boy
is the way that God feels when people come back to God. Happy and excited! God loves giving new starts!

Jesus's story also says something about **COURAGE**.
Courage is when we do something brave:
Something that maybe scares us a bit or is hard and we have to stay strong for. Can you show me strong?

The Lost Boy does two things that are brave in the story.
Number 1 – Can you show me one finger?
The Lost Boy says sorry when he knows he's made some bad choices.
It can be really hard to say sorry! It can take lots of **COURAGE**.

And number 2 – Can you show me two fingers?
The Lost Boy asks for **HELP** when he needs help.
It can be really, **REALLY** hard to ask for help. It can take huge amounts of **COURAGE**.

So Jesus's story tells us something surprising about courage.
Being brave isn't just something we show when we fight with dragons.
Being brave can also be something we show when we say sorry.
When we have the courage to go back to someone and say we got it wrong.
Or when we have the courage to ask for help!

I wonder when you have had to be brave?
When you've shown **COURAGE**.
Let's close our eyes for a moment.
Let's imagine ourselves being brave and showing courage.
Let's open our eyes.

Now *Name* is going to say a prayer. If you'd like to make it your prayer as well, you could say Amen at the end.
Thank you, God for Courage.
Help us to be brave.
Help us to ask for help when we need help. Amen.

COURAGE is one of the things that help our little light shine bright like stars in the night.
If you like, at the end of this podcast, you could draw a picture of a time you've shown **COURAGE**.
Or, if you can't think of an example straightaway, you could decorate the word **COURAGE** and think or talk about different ways
you could show **COURAGE** and be brave at the moment.
There are some word art examples there to help!

But before we go, let's sing about that little light that shines in all of us.
The little light that shines brighter whenever we are brave and let **COURAGE** change the way we live.
You might not know all the words yet, but let's see if you can pick them up as we go along!
Or you could join in with the actions, or just listen to the words!

There's a little light that shines in me!
Shine, shining like a star!
Shine, shining like a star!
Shine, shining like star!
There's a little light that shines in me!
Shine, shining like a star!
Shine, shining like star!

I'm going to let my light shine bright!
I'm going to let my light shine bright!
Shine, shine so bright!
I'm going to let my light shine bright!
I'm going to let my light shine bright!
Shine, shine so bright!

So it's time to go, but remember in all you do today
to **BE BRAVE, have courage** and let your little light shine bright.