

## **A Prayer to Start the School Day at home (longer version)**

### **May the words of my mouth and my hands**

For children aged 5-10

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*As you sing about the different parts of your body, you could show them to God.*

**May the words of my mouth and my hands, O God.**

**May the tho-oughts of my he-art and my mind.**

**Be-e alwa-ays pleasing to you, O God,**

**My-y he-elp, my-y stre-ength, and my guide.**

*What different actions could you show for these?*

**In my reading, my writing, be with me, O God.**

**In my drawing, my counting and my playing.**

**In my talking, my listening, be with me, O God.**

**In every single part of my learning.**

*As you sing about the different parts of your body, show them again to God.*

**May the words of my mouth and my hands, O God.**

**May the tho-oughts of my he-art and my mind.**

**Be-e alwa-ays pleasing to you, O God,**

**My-y he-elp, my-y stre-ength, and my guide.**